

May
1998

NYCC Bulletin

Spring...
And Cycling's
Busting Out
All Over...

BIKER BABES
ROLL OUT!
p. 10

Bulletin Board

MAY OPPORTUNITIES

FROM THE PRESIDENT — GENE VEZZANI

Opportunity #1 — George Washington Bridge Access

"Beginning in mid-April cyclists will have to walk their bikes across the south side of the GW Bridge for the next three years while a repair program takes place on the closed north side of the bridge," a voice said to me from the other end of the phone during an April 1 conversation. The representative from the Port Authority who called went on to say that pedestrian safety was the issue, and the feeling was that the south side of the bridge would be a safer place if cyclists walk across the bridge.

We immediately sent a written response to the Port Authority requesting a meeting to resolve this issue. Can you imagine trying to walk the mile-long span of the bridge wearing cleated road cycling shoes? Transportation Alternatives sent a strong letter protesting this proposal. They recommended that the Port Authority place signs along the south side of the bridge advising cyclists to ride using caution in this area.

Fortunately, the suggestion made by TA was accepted, and on April 13 we received a message from the Port Authority informing us that signs advising cyclists to "Ride with Caution," and "To Yield to Pedestrians" were going to be used instead of a riding ban.

We thank Transportation Alternatives for their very effective advocacy work and, in this case, their continuing efforts to keep the GW Bridge open to cyclists.

A word about advocacy: Last month an article in the Bulletin incorrectly stated that we are not an advocacy organization. Referring to the by-laws, Article 1, Section 1 reads, "The purposes of the Club are to provide bicycling activities for the enjoyment of the members, and the furtherance of bicycling as a means of recreation, companionship, fitness, and transportation."

Opportunity #2 — News and Tidbits

We miss the Lou S. Pokes column! Jeff Vogel did a marvelous job of putting together the humorous and informative article every month for years. Thanks again, Jeff!

We now have a replacement column titled Biker Babes, and our two new writers are looking for the kind of news and tidbits that fills our insatiable appetites. Please send NYCC morsels that are fit to print via e-mail to nyccnews@yahoo.com.

Opportunity #2 — Free Lunch

The All-Class free lunch ride is back! Watch upcoming issues of the Bulletin for information about a clever new approach to All-Class riding that stops for a BBQ cookout prepared by club members.

Opportunity #4 — Last Call for Graphic Artists, Designers, and Creative Cyclists

How would you like to be the person who designs the New York Cycle Club jersey that takes us into the next century? You can! Now is your chance to create a full-color drawing, front and back, of a new design for the club jersey. Simply call me, Gene, at 212-875-1615, for all of the details, and you'll receive a blank template to use when submitting your design idea.

The deadline for submitting your design for a new jersey is Monday, June 1. The board will then review all designs on Tuesday, June 2. Don't miss this once in a lifetime opportunity to have one of your ideas displayed by cyclists around the world from one century to the next.

Dinner Reservations Help Us Plan

Last month's meeting was a great success. About 70 people showed up. Now we need your help to prepare for the May meeting.

We try to select good restaurants and offer the best meal possible, but restaurants today require an attendance guarantee, and without your input, it's hard for us to estimate how many members will attend.

You are always welcome, but if you plan on attending the May meeting, please let me or Anne Grossman know as early as possible. (And please let us know if you are bringing stuff to the swap table.)

Many thanks, Joel Englander
(212) 580-1861, merlinmj@juno.com

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To publish an article:

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Submit 3.5 inch diskette plus hard copy. Advise operating system, software, phone number. Material may be edited for length and clarity. A full page of text is 750 to 1,090 words. Publication is determined by available space. We cannot guarantee that all submissions will be published. Submission is contributor's warranty to the NYCC that material is in no way an infringement on the rights of another and may be published without additional approval.

Deadline: All submissions and advertising are due the Friday after the club meeting the month prior to publication.

Web Page:

<http://www.nycc.org>

**RIDE
SAFELY**

Club Rides

RIDE LISTINGS: To lead a NYCC ride next month and list it in the Bulletin, contact the Ride Coordinator (see page 2) for that ride class on or before this month's club meeting date.
BEFORE YOUR FIRST CLUB RIDE: Please read about club rides on page 11.

ALWAYS WEAR YOUR HELMET. NO HEADPHONES.



Unless otherwise stated, precipitation at starting time cancels the ride.

Saturday, May 2



A17 92 MI 9:00 AM 102° in the Shade

Leader: Drew Olewnick (718) 398-7252 or drewo@interport.net.
 From: The Boathouse.

The third ride on the "End of the Century Double" series. We'll ride to Westchester and up and around the reservoirs on long, quiet stretches of pleasant road. A diner stop and deli stops as needed. We'll break the century mark for the first time on the series. Two water bottles recommended.

SIG-A 86 MI 8:00 AM Bedford

Leaders: Judy Morrill (212) 866-0462 and Edward Fishkin (718) 633-3038.
 From: The Boathouse.

Why so early? Be there! The rides don't get any nicer than this one. We've got to start firing on all cylinders. There's only one more tune-up ride after this before the big one! We should be smooth by now, in shape, ready. There's big hills, beautiful roads, lots of miles on our way to Bedford. Eat a hearty breakfast, bring pocket foods, there's about 40 miles before a picnic on the Green in Bedford. Get to the Boathouse 15 minutes early so we can get signed up and on the road promptly by 8:00 am. Helmets, with names on front and back, required. Rain date, Sunday, May 3.

B16/18 75-90 MI 7:00 AM Progressive B Series #9: Deepest Westchester

Leaders: Karin Fantus (212) 873-5559 or BikeK@aol.com and Gary McGraime (212) 877-4257 or garynycc@aol.com. From: The Boathouse.
 An adventure in Westchester's outer reaches with lots of miles to carefully practice preliminary paceline skills we'll introduce today. Spectacular scenery will make each and every hill worthwhile. Lunch in Bedford. We may do the first 25 miles by train, so **Metro-North pass is mandatory**. Remember that pocket food. Call or e-mail leader close to ride date for late-breaking details.

B13 42 MI 12:00 PM Architecturally Rich Jersey Port District and Evocative Tango

Leader: Paul Rubenfarb (212) 740-9123. From: Top of WTC PATH escalators.
 The 'dem- and 'dose-speaking Jersey port zone pulses with cranes and industrial charm. During intermission, hear boom box for mini tango lesson, followed by dancing amidst tango's intimate dalliance and allure. Rain or shine.

C14 25 MI 9:30 AM Spring Flowers

Leader: Ludwig Vogel (212) 838-0852. From: The Boathouse.
 Our destination, Wave Hill, is the former Perkins mansion, once home of the Morgan partner who donated the land for the Palisades Interstate Park. The house features extensive gardens with a Hudson promenade. The route reveals a part of New York City that may have the least urban character within the city limits. Short mileage, but somewhat hilly.

C-SIG 35 MI 10:00 AM C-SIG #10 (Ridel)

Leaders: Geo Kaplan (212) 989-0883 and Irv Weisman (212) 567-9672.
 From: The G.W. Bridge Bus Terminal, Fort Washington Ave. and 178 St., (A train to 175 St. stop, or the 1 or 9 train to 181 St. stop).
 Meet inside the bus terminal. Ride description, etc., at that point. Prior

attendance required. Precipitation and starting temperature below 35° cancel. Call if in doubt.

Sunday, May 3

A21 70 MI 8:30 AM Tenzing Norgay Memorial Ride

Leader: Chris Audley (201) 876-9231. From: The Boathouse.
 April showers bring May flowers? Lets go find out. I'll be your sherpa as we climb Perkins for a view from Bear Mtn. Plenty of other hills will help us warm up on the way. From there we'll coast downhill into Garrison for the train home — unless anyone wants to bike back. Metro-North pass, pocket food, and two water bottles advised.

A19 60+/- MI 9:00 AM Ridgewood

Leader: Ben Goldberg (212) 982-4681. From: The Boathouse.
 This is an old standby for me. I'm sure you'll like it. We'll ride to the most bike-friendly bagel shop around.

A18 60 MI 8:00 AM Scouting Westchester

Leader: Gary McGraime (212) 877-4257. From: The Boathouse.
 We'll intuitively (I'll familiarize myself with a map beforehand) breeze through some new roads in Westchester to add or maybe not add to our repertoire. I'll bring my wrist digital recorder gizmo so there will be no stopping to take notes. Would like to return at a decent hour. Heavy fog cancels.

B16 55+/- MI 9:15 AM Cold Spring Harbor

Leader: Ron Grossberg (718) 625-0181. From: Statue of Civic Virtue (Union Turnpike and Queens Blvd. — E/F train).
 We'll ride beyond Oyster Bay and roll down into Cold Spring on L.I. Sound. Plenty of scenic roads. Rain/slick roads cancel.

B14 45 MI 9:30 AM Get in Shape for Touring #10: Old Greenwich, CT

Leader: Maggie Clarke (212) 567-8272. From: Under the giant ginkgo tree on Broadway, north of Isham St. (207 St. stop on A train — from north end of station, exit the gate and head for left stairs at northern end).
 Rolling to hilly terrain. **Metro-North pass required for return train trip.**
 This is a gorgeous ride touching the suburban neighborhoods of lower Westchester and the back roads of Greenwich, CT. After a garden lunch in Cos Cob, we do a six-mile loop on a peninsular park which juts into Long Island Sound, allowing spectacular views. Starting temp below 35°, excessive wind-chill or prediction of significant precipitation cancels. Call if in doubt!

C10/11 45 MI 9:30 AM Piermont

Leaders: Robert and Annaline Dinkelmann (212) 906-0014.
 From: The Boathouse.
 A relaxing ride to a beautiful spot.

Friday, May 8

B14 45 MI 9:15 AM Friday Morning Series #3

Leader: Ron Grossberg (718) 369-2413. From: City Hall Park.
 Our destination will be determined by group vote. Call to confirm. Poor weather cancels.

Saturday, May 9

A19 58 MI 9:00 AM May Day! May Day! a/k/a JSTRDNAL-HR

Leader: Richard Rosenthal (212) 371-4700. From: The Boathouse.
 You know this by heart by now. Same ol' gorgeous River Rd., same ol' Bradley/Tweed. Same ol' gazebo behind St. John's Church on the water in Grandview. Same ol' incapable hill climber leading you from behind.

SIG-A 91 MI 8:00 AM Little Tor

Leaders: David Thomas (212) 675-6191 and Carolyn White (212) 666-0616.
 From: The Boathouse.
 Little Tor, big hill, big ride. Hills, miles, pacelines, speed, team, endurance. A ride! This is a dress rehearsal. We've been at this since back in early March. We've been riding, pushing, practicing, hurting. Next week, we're going on the BIG A ride. We are ready. Get to the Boathouse 15 minutes early so we can get signed up and on the road promptly by 8:00 am. Helmets, with names on front and back, required. Rain date: Sunday, May 10.

B16-18 85 MI 8:00 AM**Progressive Series #10
"Graduation" Ride:
West Point Preview**

Leaders: Karin Fantus (212) 873-5559 or BikeK@aol.com and Gary McGraime (212) 877-4257 or garynycc@aol.com. From: The Boathouse. Why wait 'til July 4? We'll head north on the NJ side of the Hudson, cruise by Bear Mtn., meander through West Point, power up Storm King, over the Beacon-Newburgh Bridge, then south to Cold Spring. Lots of long stretches to safely hone cooperative pace line skills. Since it's the last ride of the '98 B Training Series, we'll indulge in celebratory eating/rehydrating in Cold Spring before taking late bike train home. **Metro-North pass mandatory.** Don't forget that pocket food. Montauk will be a piece o' cake after this one.

B13 44 MI 12:00 PM**Elizabeth's Red-light
Architecture & Brilliant Tango**

Leader: Paul Rubenfarb (212) 740-9123. From: Top WTC PATH escalators. Exhausted from a grueling trip, the typical NYCCer finds a bad old cathouse just the tonic for sore bursas and abductors, perhaps preceded by some mood-setting tango. We'll admire the old "heartbreak hotel" nostalgia of downtown Elizabeth and its mansioned boulevards. During intermission, hear boom box for sensuous tango dancing. Rain or shine.

C12 50 MI 9:30 AM**Piermont**

Leader: Tom Laskey (212) 496-1636. From: The Boathouse. I was supposed to lead this ride in March, but there must have been foul play afoot because it was never listed. Just as well, the weather is sure to be more conducive to a lovely lunch on the pier in May than February.

Sunday, May 10**A19 65 MI 9:30 AM****Nyack, the Long and Hilly Way**

Leader: Irv Schachter (212) 758-5738. From: The Boathouse. Up Sickletown Rd., down to West Nyack, then up Crusher Rd., down Christian Herald to the Skylark for pancakes. We will look for the flattest way home.

A21 70/80 MI 8:30 AM**Two Knees, or Not Two
Knees...**

Leader: Mark Martinez (212) 496-5518. From: The Boathouse. That is the question. The usual Westchester melange of hills and flats. A little hammering, a lot of cruising. Lunch will either be a picnic on Bedford Green if it's warm or indoors in Armonk if it's cool. Two water bottles, pocket food & Metro North pass suggested.

B14 50 MI 9:30 AM**Get in Shape for Touring
Series #11: Oyster Bay**

Leader: Maggie Clarke (212) 567-8272. From: The Statue of Civic Virtue, Union Tpke., Queens (E, F train). Join us for an exploration of the back roads and suburbia of north shore Long Island. We'll have a picnic on the sea wall facing the extensive Oyster Bay harbor. Terrain is rolling. Starting temp below 35°, excessive windchill or prediction of significant precipitation cancels. Call if in doubt!

B14 55 MI 9:00 AM**Piermont**

Leader: Dona Kahn (212) 399-9009. From: The Boathouse. Relive the route of the Century and go to our favorite town on the Hudson, where we will buy lunch and eat by the water. Rain at start cancels.

C14 40 MI 9:00 AM**Forced March Ride**

Leader: Henry Joseph (212) 989-8176. From: The Boathouse. Grueling ride to Piermont. Flat ride. Demanding 14 mph pace. Stay home if you have a headache. Leave your heavy locks at the Boathouse... (Lock them on a fence. I will not hold your key.) If you contemplate this ride, you must be able to (at least) walk to the top of the Palisades. If you don't know what this means, go to a museum. Have a nice day.

Friday, May 15**B14 45 MI 9:15 AM****Friday Morning Series #4**

Leader: Ron Grossberg (718) 369-2413. From: City Hall Park. Our destination will be determined by group vote. Call to confirm. Poor weather cancels.

Saturday, May 16 – Sunday, May 17**A18-22 250 MI TIME TBD Montauk Twin Century**

Leader: Marty Wolf (212) 935-1460. Call for starting point.

In our version of the Montauk Century, we bike out on Saturday and return home on Sunday (on the same road used by the one-way century riders). We can wave at our friends who will return later on the NYCC bus (see below). Call for more info re starting time and place. The sooner you call, the better because the motels may sell out. Ride goes rain or shine as room deposits are not refundable after May 9.

Saturday, May 16**A20 60+ MI 9:00 AM One More Time**

Keith Goldstein (212) 982-9461 and Jim Modula (212) 663-1420.

From: The Boathouse.

First time we were rained out. It's 30+ rolling, possibly hilly miles to lunch in Park Ridge. Pocket food and two water bottles strongly recommended. Usual stuff cancels.

A17 110 MI 8:30 AM New Hamburg Centurions

Leader: Drew Olewnick (718) 398-7252 or drewo@interport.net

From: The Boathouse.

We'll venture forth into Putnam County, over lovely reservoir roads and skirt Fahnestock State Park before crossing the Taconic Hills and descending into southern Dutchess County. Then past Green Haven Prison and towards the Hudson, where we'll grab a late lunch before boarding the train home. Deli stops as needed. Two water bottles recommended, **Metro-North pass required.**

SIG-A 106 MI 7:00 AM Bear Mountain

Leaders: Gabriella Clapp (212) 724-5633 Edward Fishkin (718)-633-3038

Christy Guzzetta (212)-595-3674 David Grogan (718) 875-1977

Paul Leibowitz (718) 858-9742 Judy Morrill (212) 866-0462

Nora Salazar (212) 725-1361 Randy Taylor (212) 866-0462

David Thomas (212) 675-6191 Carolyn White (212) 666-0616

From: The Boathouse.

A long, challenging, beautiful, *big A* ride. Straight up 9W to breakfast in Stony Point. Then, up, up, up Perkins Drive to the very top of Bear Mountain. We'll cruise along spectacular Seven Lakes Drive. Then, through Saddle River on our way back to the Boathouse. When we get there, we will be A riders. There will be a champagne toast at the Hill — Congratulations! Helmets required. Rain date: Sunday, May 17

B17 55 MI 8:30 AM Pre-Century Warmup

Leaders: Karin Fantus (212) 873-5559 or BikeK@aol.com and Gary McGraime (212) 877-4257 or garynycc@aol.com. From: The Boathouse.

A no-nonsense kind of day. We'll spin steady straight up to Nyack to prep our legs for Sunday's ride (or whatever), stop for a friendly cup of java and get home early to shower, stretch, eat and take in an early flick or clean our bike if so inclined.

**B13 42 MI 12:00 PM Mansions of Douglaston
and Demure Tango**

Leader: Paul Rubenfarb (212) 740-9123. From: The Boathouse.

Estates, mansard roofs and profuse gardens articulate peninsular Douglaston as a rare remnant of old Queens before postwar desecration with free enterprise's sprawl, burger jungles and overpopulation. During intermission, enjoy boom box and dancing to melancholic tango masterpieces. Rain or shine.

C13 25/15 MI 12:30/1:30 PM Y'ar Ole Salt

Leader: Terry Chin (718) 680-5227. From: City Hall (Manhattan) at 12:30 pm for 25 mi. or from Picknick House at Prospect Park at 1:30 pm for 15 mi.

The fleet is in! This midday departure to Sheepshead Bay gives us a chance to join in a flurry of activity at Brooklyn's Cape Cod. Bring your favorite fish tale to tell over clam chowder. Helmets required, bring lock. Rain cancels.

**Why Don't You Try Co-Leading a Ride This Spring?
Call Your Ride Coordinator to Find Out How.**

Sunday, May 17**A23+/- 125 MI 6:00 AM Breakfast in Montauk**

Leader: Jeff Vogel (718) 275-6978. From: Tramway Plaza (59th St. and 2nd Ave). It will be a late breakfast, but anything before noon is still breakfast. So, yes, the goal is to arrive in beautiful downtown Montauk while the clock still says "a.m." Cooperative group riding skills are essential; the bigger the group, the better, but we can't wait for stragglers. Bring lots of pocket food and at least two large water bottles. The plan is one quick stop at the half-way point. Pray for a tailwind. A headwind cancels breakfast and means we settle for lunch in Montauk. Finally, don't forget to buy a ticket for the return bus (see notice elsewhere in this bulletin).

A18 125 MI 5:30 AM Afternoon Snack in Montauk

Leader: Tom Laskey (212) 496-1636. From: Tramway Plaza (59 St. and 2 Ave.) This is my favorite ride of the year. I tell people that rode 125 miles, but I don't mention that it is dead flat. The ride out is great, the bus back is fun. Be sure to reserve your seat on the bus (see the notice elsewhere in this bulletin). Be sure to wear sunscreen!

A19 65 MI 9:00 AM Not Montauk

Leader: Todd Brilliant (212) 741-0100. From: The Boathouse. We'll be riding out to Long Island like those doing the Montauk Century, but unlike everyone else, we will be 1) taking scenic North Shore roads, 2) having lunch on the beach, 3) Cycling about 65 miles, 4) home in the afternoon, and 5) not sitting on a bus in Long Island traffic for hours. Bring money for deli lunch and batting range.

B16 50+ MI 9:00 AM Where Is Everybody?

Leader: TBD. From: The Boathouse. Meet others at the Boathouse who have chosen to spin up to Nyack and return early in lieu of riding in the Montauk Century sponsored by the Five Borough Bike Club (212) 932-2300/ext. 115 or the Bloomin' Metric sponsored by the Sound Cyclists Bicycle Club (<http://www.soundcyclists.com/register.htm>).

B13/14 47MI ARRIVE EARLY Get in Shape for Touring #12 The Bloomin' Metric

Leader: Maggie Clarke (212) 567-8272. From: Grand Central (Take 8:07 am train to Westport, CT. We'll meet on the eastbound platform in Westport.) **Metro-North pass required.** This annual ride shows the New England countryside and seaside at its best. You get stone walls, white churches, quiet lakes, horse farms, babbling brooks, sandy beaches with a few stiff climbs thrown in. Registration: \$15 by May 11 (\$20 afterwards) You get free food, map, cue sheet, and a Bloomin' Metric T-shirt if you register early. Helmet required. Get a registration form online at <http://www.soundcyclists.com/register.htm> and send check to Sound Cyclists Bicycle Club, 65 High Ridge Road, Suite 322, Stamford, CT 06905. Check Bloomin' Metric for cancellation policy.

C13 38 MI 9:15 AM Quack, Quack, Quack

Leader: Hindy Schachter (212) 758 5738. From: The Boathouse. A leisurely paced ride over the GW Bridge and through Bergen County to the Demarest Duck Pond. The ducks are always glad to see guests who bring or buy lunch and carelessly drop a few crumbs by the water. We may also go to a farmers' market near the pond.

Wednesday, May 20th**A/B/C 0 MI 6:00 PM Pizza to the (I)max**

Anne Grossman 212-924-1549 or annesg@mail.idt.net Meet me at John's Pizza (65th St. near B'way) for great thin-crust pizza, then saunter over the Imax theater at 68th St. and Bway to see "Everest" at 8:00 pm. Call (212) 336-SONY to purchase your ticket in advance. Call or e-mail Anne Grossman if you plan to attend.

Friday, May 22nd**A20 70 MI ? AM From Brewster to Brews (Sheffield, MA)**

Leader: Mark Martinez (212) 496-5518. From: G.C.T./125th St./Both Join me for my Memorial Day getaway ride from Brewster, NY, to Sheffield,

MA. Unlike more ambitious A's, we'll jump start our weekend with the aid of Metro-North. We'll keep a steady pace over rolling terrain that just gets better and better as we head north. One stop in preppy Kent, CT, then on through the farm valleys of Amenia, NY. Finally, we'll uphold tradition and celebrate our arrival by hoisting a cool pint of Watney's at the Stagecoach Inn. **Required: Metro-North pass.** Highly recommended: climbing gears, two water bottles, pocket food, rain gear(!) and beer money. Optional: Darts. Rain does *not* cancel. Call leader before 10 pm to verify start time.

A20+/- 130 MI ? AM What train to Sheffield?

Leaders: Jeff Vogel (718) 275-6978 and Christy Guzzetta (212) 55-3674. The last time we checked, Metro North didn't have a stop in Massachusetts, so we're riding all the way. Jeff is leading parts of the ride, Christy other parts. We hope their routes will connect! Bring pocket food and two large water bottles as we can make only two stops along the way. Our ultimate goal is the 5:00 pm beers at the Stagecoach Inn. Group riding skills required. SIG graduates requested! **Call Jeff on Wednesday or Thursday for start time and location.**

Saturday, May 23**A21/22 85 MI 9:00 AM Something Wicked This Way Comes**

Leader: Oliver Garcia (212) 734-4927. From: The Boathouse This is my first time leading a ride! I'm so excited! If you're fast, have both stellar paceline skills and the aerobic capacity to hammer up Whippoorwill Rd. without inducing cardiac arrhythmia, this ride is for you! A swift spin through Westchester with a rest stop in Armonk en route to Byram Lake awaits us. There will be plenty of flats for the powerful and hills for the climbers on this exhilarating journey.

B13 40 MI 12:00 PM Riverdale, Historic Yonkers and Enticing Tango

Leader: Paul Rubenfarb (212) 740-9123. From: NE corner 181st St. and Ft. Washington Ave (A train). Riverdale fought off most high-rise abominations and still charms with mansions on green lanes. Yonkers was a classic and diverse American burg with belvederes across the Hudson. During intermission, thrill to seductive tango tapes beckoning from boom box. Rain or shine.

B15/16 55 MI 9:00 AM Quiet City

Leader: TBD. From: The Boathouse. We'll rendezvous at the Boathouse and take a spin up 9W and let the inspiration happen. Nyack, Rockland Lake, Pearl River?

Sunday, May 24**A19-21 60+ MI 9:00 AM Sheffield... Not**

Leader: TBD. From: The Boathouse. If you're not going to Sheffield, come out to the Boathouse for a pickup ride to a destination chosen by group consensus at a pace determined by average group abilities. Pretty democratic, eh?

B15/16 50 MI 9:00 AM Whose Parade?

Leader: TBD. From: The Boathouse. Let's enjoy the ride and retain some good form. We want to look good when we join the parade. The question is - whose parade?

C13 55 MI 9:00 AM Park Ridge

Leader: John Fullwood (212) 927-3278. From: The Boathouse. One of the club's favorite destinations, Park Ridge boasts the best diner around. Please join us on this friendly ride.

Monday, May 25**A20 60+/- MI 9:00 AM Excuse Me, How Do You Get to Somerville?**

Leader: Beth Renaud (212) 274-9463. From: The bottom of the stairs at the World Trade Center PATH station. It's time for the annual Tour de Somerville, and I'd like to head out there to check it out. I've been staring at a Somerset County map, looking for a decent route via Newark. Thankfully, the PATH system doesn't require

those silly bike passes anymore. The main race doesn't start until 11:45, so that gives us lots of time to get lost. Bring noisemakers to cheer on your favorite racers.

**C15 45/35 MI 8:30/9:30 AM Gateway Getaway—
Rockaway Excursion**

Leader: Terry Chin (718) 680-5227. From: City Hall (Manhattan) at 8:30 am for 45 mi, from Picknick House at Prospect Park at 9:30 am for 35 mi. If you are for the birds then here is an opportunity to display your feathers. We are exploring the Rockaway Inlet with a stop at Jamaica Bay Wildlife Refuge. Bring lock and lunch (or lunch money).

Saturday, May 30

**A17 125 MI 8:00 AM Fairfield of Double-Century
Dreams**

Leader: Drew Olewnick (718) 398-7252 or drewo@interport.net.
From: The Boathouse.

The fifth ride on the "Double Your Pleasure Century" series. We'll cross state lines and sneak into Connecticut and straddle the border, eluding those authorities that would deny us our right to bicycle 125 miles. Pretty roads, lots of hills and food for those who are hungry. This will be a round trip that will take us back to the city by late afternoon via Pelham/Fordham Road. Two water bottles, pocket food recommended.

B16/17 70 MILES 8:30 AM Caussett State Park

Leader: Jim Drazios (718) 225-1842. From: The Statue of Civic Virtue (Union Turnpike and Queens Blvd., E/F train).
North Shore of Long Island. One big hill (Snake Hill) and lunch in Cold Spring Harbor.

**B16 45 MI 9:30 AM Sea Breezes to
Steeplechase Pier**

Leaders: Ludwig Vogel (212) 838-0852 or ludwig@bway.net and Bill Schwarz (212) 288-7862. From: The Boathouse.
Travel through and beside Brooklyn's parks to the green waterside south of the harbor, along the inlet, under the Verrezano Bridge, then along the Atlantic shore to Coney Island, where we will seek what lunch we can. Hypercholesterolemia alert! Low-fat, low-salt and vegetarian riders advised to BYO. No diving off the pier! Return through Little Odessa, unless we feel inspired to return the way we came.

**B13 41 MI 12:00 PM Bawdy House Architecture
of West New York and
Romantic Tango**

Leader: Paul Rubenfarb (212) 740-9123.
From: NE corner 181st St. and Ft. Washington Ave. (A train).
Bikers and passersby admire the beckoning smiles from tender sultresses of West New York's bawdy house strand, a last refuge of the old Clinton-like carefree virility. During intermission, dance to boom box playing naughty rhythmed tango gems. Rain or shine.

C13 50 MI 9:15 AM We Remember

Leader: Scott Wasserman (914) 723-6607. From: The Statue of Civic Virtue (E, F train to Union Turnpike and Queens Blvd).
Never mind those fake holidays, this is the real Memorial Day. We'll go to that favorite NYCC destination, judging by the number of cue sheets in the rides library, Oyster Bay. For those of us who are memory challenged, this is a day to practice remembering. Significant rain cancels.

Sunday, May 31

A19/21+ 80 MI 9:00 AM Greenwich Gambol

Leaders: Stephanie Bleacher and Rich Borow (212) 348-2661.
From: The Boathouse.
Join us for a spirited, post-Sheffield ride to Greenwich, CT. This is one of our favorites, with small hills that just keep coming at you amidst shady, twisting roads. Weather permitting, we plan a picnic lunch at a gazebo in

the park before turning back to Manhattan. Pocket food is recommended, as is a **Metro-North pass in case of train return.**

B15 55 MI 9:00 AM Kensico Dam

Leaders: Bernie Brandell (718) 633-1759 and Marina Bekkerman (718) 851-1527.
From: The Boathouse.
We'll ride via bike path along Bronx River Parkway. Greet ducks along the stream and pond (yes, quacking in response is allowed) and a climb for the adventurous to the top of the dam (but I will cheer them from below), where we'll picnic for lunch. Rain or high winds cancel.

**C SLOW 30 MI 9:00 AM Kiddie Ride to Coney
Island**

Leaders: Linda Wintner (212) 876-2798 and Michael Yesko (212) 533-2409
From: The steps in front of City Hall
We'll take a scenic route over Brooklyn Bridge, through Prospect Park and along Ocean Pkwy. to the "beach of all beaches." Lunch at Nathan's or perhaps in Brighton Beach. Bring water, pocket food, locks, Speedos, sunscreen. We'll return along Gravesend Bay, or if we dawdle, we can take the subway back. Children must be accompanied by an adult, although adults without kids are welcome or you could borrow someone else's kid.

Saturday, June 6

B17/14 60/53/48/43 MI 9:15 AM Newcomers' Ride!

Coordinator: Irv Weisman (212) 567-9672. B Rides start from the Boathouse, C Rides start from the GW Bridge Bus Terminal (A train to 175th St).
Specially designed routes for people new to our club, but everyone is welcome. See the full writeup on page Rain date: Sunday, June 7.

A20 65 MI 9:00 AM D-Day in Rockland Lake

Leader: Tom Laskey (212) 496-1636. From: The Boathouse.
After my embarrassing showing in March (if you weren't there, don't ask), I'm determined to do it right this time. We'll take the scenic route up, a lap around the lake, deli stop and picnic at the lake.

B15/ 50 MI 9:00 AM Group Vote

Leader: TBD.
We'll meet at the boathouse and pick a destination unless we have a leader listed in the June Bulletin. Otherwise, we'll play it by ear.

C13 38 MI 9:00 AM Staten Island Ramble

Leader: Bernie Brandell (718) 633-1759.
From: The Staten Island Ferry, manhattan vehicular entrance.
Let's skip Manhattan potholes and meet at the ferry. Our route has a sea breeze and bike path. Our destination: the historic Conference House Park for a picnic (we may watch a sailboat race from the shore). Rain, high winds, or my winning the Lottery cancels.

Sunday, June 7

A20 70 MI 9:00 AM Cold Spring

Leader: Jody Sayler (212) 799-8293. From: The Boathouse.
Let's see how much is done on the new house. Breezy spin up to the Hill in Cold Spring via new Westchester route, picnic at the new house site (weather permitting), train return option (it'll be a long ride for those who want to spin home). **Metro-North Pass mandatory.**

B15 55 MI 9:00 AM Scenic Spin to Nyack

Leader: Tom Laskey (212) 206-6574. From: The Boathouse.
We'll rendezvous with other hungry cyclists at the Runcible Spoon for breakfast. Good table manners are required. Maybe some hills on the way home.

B14/16 55-80 MI 8:30 AM Over Bear Mountain Bridge

Leaders: Hindy and Irving Schachter (212) 758-5738. From: 1st Ave. and 64th St.
Group rides together through Bergen and Rockland counties until they hit a snack stop in W. Nyack. After that members split into two contingents. Faster group members should bring an extra pair of lungs as they will ascend Gatehill, Seven Lakes and Perkins as well as Storm King Mountain on their trip to Beacon. Slower group has one hill (Dunderberg) on its shorter jaunt to Garrison. Both groups return by **Metro-North: passes required.** Great scenery either way.

Continued on p. 9.

May Meeting Swap Table:

Please Let Anne Grossman or Joel Englander Know if You Plan to Bring New Or Used Bike Stuff To The Swap Table



Spend an evening Celebrating 100 Years of Cycling

Century Road Club Association

Invites All Cyclists to a
CENTENNIAL DINNER

With Special Guest
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Friday June 5, 1998

At the elegant New York Athletic Club Ballroom

Overlooking Central Park

Cocktails 6:30

Dinner 7:30

New York Athletic Club
59th Street & Seventh Avenue

Festive Dress, Jacket Required (*no denim, no sneakers*)

*For additional information,
please call the CRCA hotline
(212) 222-8062*

Please RSVP by May 18, 1998 as seating is limited.

I request _____ ticket(s) at \$75.00 per ticket

for a total of \$ _____

Make checks payable to: CRCA

Mail to: David Ottavio
127 West 79th Street
New York, NY 10024

Name _____

Address _____

Phone _____

Tickets will be held at the check-in table

July 4 Weekend, West Point — Happy Birthday, America

Happy birthday to you, happy birthday to you, happy birthday dear America, happy birthday to you!

The annual July 4 New York Cycle Club All-Class Club Weekend at West Point — here it is, don't miss it. This is a patriotic, rah rah, wonderful club weekend. Three days, two nights, the historic Hotel Thayer right smack dab in the middle of the West Point campus. We'll bicycle up on Friday, July 3 — rides for A, B, and C riders planned. We'll enjoy an all-class bicycle tour of the historic West Point campus on Friday afternoon, conducted by an acclaimed historian of West Point. We'll plan for A, B, and C rides on Saturday, July 4. Or, if you're in the mood, visit the swimming hole, visit Storm King Art Center, visit the holiday celebrations in town, visit the museum, see the campus — West Point is the greatest! As a special added attraction this year, rumor has it the NYCC may enter a team in the annual July 4 town bed race. Whoa! Kick some butt in the bed race. Race against the Army team, compete against townies, the surprise NYCC entry in the bed race. Our entry is not yet confirmed, but...

We'll have to come home early from the July 4 festivities, however, because we have chartered *M.V. Commander*, a historic riverboat, for a great July 4 dinner cruise on the Hudson. The Commander will pick us up at the West Point dock, we'll dine and tour the Hudson Highlands region, see lots of fireworks, then return to campus. Unbelievable. Will the ice cream store really stay open late for us? They did last year. Sunday, there will be A, B, and C rides home.

Hotel accommodations at the Thayer, two full breakfasts, two dinners, baggage shuttle to carry our clothes, July 4 dinner cruise, bicycle tour of the campus, pretty much everything except lunch and drinks — \$175 covers it all. Reserve your space now. Last year, upwards of 80 people participated on this great weekend. Don't miss out this year.

Checks should be made out to Rich Borow, 201 E. 87th St., #7S, New York, NY 10128. Shortly after receipt of your check, an information packet that will answer your questions about schedules, departure times, places, etc., will be sent to you. Any questions? Call Jeff Vogel at (718)-275-6978.

Weekend planners:

Ride Captains: Rich Borow (212) 348-2661
Stephanie Bleacher (212) 348-2661.
Accommodations: Jeff Vogel (718) 275-6978.
Events Planner: Christy Guzzetta (212) 595-3674.

Last Call: Memorial Day Weekend

NYCC Memorial Day Weekend in the Berkshires May 22-25

The Sheffield weekend is less than a month away. Have you made your reservations yet? If you need names of B&Bs, please call Anne Grossman at (212) 924-1549 or e-mail her at annesg@idt.net.

On Friday, May 22, a group will take the 7:47 am Metro-North train from Grand Central to Dover Plains. Maggie Clarke will join the group at White Plains. From Dover Plains, Maggie will lead a B12/13 to Sheffield (approx. 40 miles in scenic Connecticut). On Monday, May 25, she will lead the ride from Sheffield to Dover Plains, then take the 2:33 pm train to Grand Central. Call Maggie Clarke at (212) 567-8272.

Jeff Vogel will lead an A ride from New York to Sheffield on Friday, May 22 (approx. 130 miles). See ride listing for more info.

On Saturday and Sunday, all rides will start at 9:00 am in Sheffield at Town Hall. On Saturday, Gary Wendrovsky and Karen Reich will lead an all-class ride (approx. 50 miles) to Lakeville Lake. On Sunday, Gary and Karen will lead the A/B Tyringham Valley ride (approx. 50 miles) with a five-mile climb and a catered lunch at the top. Maggie Clarke will lead a B12/13 ride (approx. 50 miles) to Lenox and Tanglewood with stops in Housatonic and Stockbridge. On Monday, Karen and Gary will lead a short but sweet 20-mile A/B ride to Southfield.

The club dinner will be Sunday night at Thelma's Road House in Great Barrington. Dinner is \$25 per person, which includes hot and cold appetizers, salad and bread, entree, dessert and coffee. We will have the entire restaurant to ourselves to schmooze and eat and dance the night away (provided we're not too tired from riding).

Annual Rides For 1998

300K Brevet	May 23
400K Brevet	June 20
600K Brevet	July 18
Escape from New York Century	September 26

About The Newcomers' Ride

By Maggie Clark

In 1986, Debbie Bell remembered her own confusion about NYCC rides when she first began riding with the Club and decided to offer newcomers an anxiety-free introduction to Club rides. Her idea was to offer rides of different degrees of difficulty (both of speed and distance), but with many miles in common so that: 1) people who fall behind their section will be swept up by the following section, and 2) at designated "branch points" riders can switch to slower and shorter sections should they so desire. Thus, newcomers can feel comfortable that they won't be lost or dropped in deepest suburbia, miles from home with no one to guide them back. All the routes lead to a shopping center where we can buy lunch and then proceed 1/2 mile to our picnic and pit stop.

We now use routes developed by Irv Weisman that take the most scenic suburban roads possible and avoid the most heavily travelled roads. This year, Michael DiCerbo added a change to our return route to avoid heavily-travelled Palisades Ave. on the way home. Note, however, that we cannot avoid hills. There are some steep ones on our return to the G.W. Bridge, for which low gears are necessary — 10- or 12- speed bikes are inadequate for most new riders; their owners may have to walk some hills (but that's certainly no crime).

All the B sections (B17 mph/60 mi, B16/53, B15/48, B14/43) will meet at 9:15 am at the Boathouse, on the East Drive of Central Park, north of 72 St., and will be coordinated by our president, Gene Vezzani. All C sections (C13/40, C12/35, C11/30) will meet at 9:45 am at the G.W. Bridge Bus Terminal on Ft. Washington Ave. bet. 178 St. & 179 St. (toilets and food available),

and will be coordinated by Irv Weisman. The bus terminal can be reached by the A train to 175 St. (where there is an elevator to get you and your bike to the surface at 177 St.).

How should a newcomer choose his/her ride class? Please consult the Ride Classification chart on p.11 of the Bulletin to learn how NYCC grades rides. Do try to classify yourself before the event by riding 4 complete circuits (24.1 mi.) around Central Park, or 7 circuits in Prospect Park, then check your elapsed time against the chart on p.11. The 1 mph between classes may not seem like very much to you, but on rides of any duration, each additional mph of average speed gets harder and harder to sustain. So be modest in choosing your ride section: don't overextend yourself on this ride. You'll have opportunity enough to knock yourself out later this season.

C13/14 45-50 MI 9:30 AM Far Rockaway or Closer

Leader: Marina Bekkerman (718) 851-1527. From City Hall Park.

If it's warm enough, we'll go to the beach. If it's not beach weather, we'll have lunch on the boardwalk and head back. And if the weather is really iffy, we'll just go to Mrs. Stahl's for knishes. A completely flat and completely fun ride.

Out of Bounds

NYCC Bus to the 5BBC Montauk Century Sunday, May 17. NYCC will offer a bus back to Manhattan with a stop in Queens. Bikes can be carried on board the bus, which will leave from a less congested spot in Montauk Town Square. For more information and to reserve a spot, call Anne Grossman at (212) 924-1549 or e-mail her at annesg@mail.idt.net. For more information about the Montauk century, contact 5BBC at (212) 932-2300.

Vogel-Cipolla Third World Adventures: Estonia, Latvia, and Lithuania; maybe Finland and St. Petersburg, too. Late July. Self-sufficient. A-pace. Call Margaret and Jeff at (718) 275-6978.

Club Getaway, Litchfield County, August 7-9 (Fri.-Sun.) Join us for a great weekend in Connecticut (near Kent). Scenic A, B, and C rides Saturday and Sunday plus Club Getaway's other features — volleyball, basketball, tennis, water-skiing, six great meals and much more. And new this year — an early breakfast and a hassle-free bus. Call Club Getaway at (800) 6-GETAWAY and mention the NYCC for a special weekend rate of \$99 per person. Bus for you and your bike from Manhattan available for an additional charge. Questions or problems, call Jeff Vogel at (718) 275-6978.

L.A.B. GEAR/North & National Rally 1998, August 14-17, 1998 Wellesley, Massachusetts "The Spirit of Massachusetts." The quiet rolling terrain along the Charles River, nearby hilly apple orchards, historic Concord and Walden Pond offer some of the best cycling in the country — co-hosted by the Charles River Wheelmen. To register, call (202) 822-1333; e-mail bikevent@aol.com; visit the website at www.bikeleague.org; or write to L.A.B., 1612 K Street NW, Suite 401, Washington, DC 20006.

NYCC members at GEAR/North—Summer Vacation. August 14-21. Marilyn and Ken Weissman will be wearing NYCC colors at GEAR/North (see item above), then riding back to NYC. We'll use Adventure Cycling's route to Putnam County, then Ken's route home. Self-contained touring: B&B/hotel/motel. Want to join us? (212) 222-5527 or e-mail mollynina@yahoo.com.

NYCC WELCOMES 69 NEW MEMBERS

Vinny Amelio	Ed Lataro	Herbert Pliessnig
Cynthia Aquila	Holger Laufenberg	Susan Price
Randi Arnold	Marcel Laufer	Stanley Riklin
Beverly Balbirsingh-Nunez	David Laurence	June Robins
Vincent Balbirsingh	Susan Lee	Jesse Sheidlower
Kathy Butkevich	Karl Leutizinger	Mel Shlufer
David Charig	Katrin Lieberwirth	Roger Silverstein
Lisa Cohen	Alison D. Lonshein	James Smith
Paul Cree	Elise Maiberger	Richard Song
Kathy Doherty	Catherine Martone	Elisabeth Stock
Mark Epstein	Loretta McHenry	Jill Strauss
Patricia Fudge	Patricia Ann McHenry	Micheal Sullivan
Nicholas Gee	Michael McMahon	Sandra Tananbaum
Catherine Gibbons	Jane Moloney	Sherry Tankersley
Frank Grazioli	Andrea Morgan	Virginia Thomas
Linda Greif	Joanne Motichka	John Tsang
Robert Grotch	Carole Musaracchia	Jacquine Tyson
Gina Hatcher	Judith Neff	Armando Valencia
Lorry Hatcher	Richard Ney	Joel Wine
Carol Jameson	Jackie Nixon	Karen Wong
Catherine Kindt	Robert Novo	Richard Wong
Nicole Krief	Lorelei Orante	Kathryn Wu
Lawrence Ksiez	Cynthia Piscopo	Audrey Zelicof

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B Training Series Update — Karin Fantus & Gary McGraime

The B Training Series provides B riders information and coaching that, until now, has been largely the domain of A riders. No, we don't ride in paceline formation yet, but we're learning to look just as sharp. As of early April, we are achieving average speeds of 15-18 mph on 65-mile rides.

This year's B Training Series is already a huge success, based on the thundering herd of 50+ riders we've been seeing on some of our rides. Could it be Mark Wolz's early-morning seminars on spinning, climbing, and turning (or is it steering?).... or the opportunity to be coached by seasoned NYCCer's such as Alex Bekkerman, Mike DiCerbo, John Fullwood, and Peter Matuszewitch (with guest appearances by numerous others)... or maybe it's the great weather... or the opportunity to see and be seen. Whatever. It's a good time.

Some riders began the series with substantial knowledge; others are new to group riding. But there's an overwhelming openness to learning new skills. No attitude... Very nice. Good technique and bike handling are becoming more visible each week.

We are discovering that NYCC has many untapped resources; especially our members who know many things about biking that new riders wish they did.

May rides will take us through magnificent scenery in three states, along fairly car-free roads. Will anyone notice how long and difficult these rides are getting? Nah... we'll be too busy enjoying the views.

See you on the road.

Notes on the Progressive 'B' Training Series:

- Helmets required
- Rain dates will be on following Sundays



Biker Babes

Welcome to the first column of Biker Babes. We boldly go where Lou S. Pokes left off.

We have to admit that Lou helped us out a bit this month, but for future columns we need you to give us the dish.

We promise to rival page 6 of the Post. Cindy Adams and Liz Smith — eat your hearts out. If you have items of interest about club members, you can e-mail us in anonymity at nycnews@yahoo.com.

The top scoop of the month happened on Thursday, March 26, on an A ride on which Toni Nappi and Linda Siebert were part of the pack. For weeks, Toni had been carrying around a marriage license (was he having second thoughts?) but on arrival in Nyack, he spied a justice of the peace and said, "Hey -- If not now, when?" So Toni and Linda got married and the reception was at the Skylark Diner, the club favorite. The bride's outfit was black spandex on the bottom and a colorful top coordinated with the tights. The groom was similarly attired in black (without the tie). Toni comments, "She's working. She makes a lot of money. On the day I got married, I

retired." Did Toni marry a sugar mommy or what? Needless to say, we congratulate the happy couple, who can now dance professionally as husband and wife. P.S. Sorry to say this was not a first. Rikki Furman and Rich Buceta got married in Nyack by a justice of the peace a year or two ago, but they had planned the event for over a month.

Talking about marriage, David Coplan and Jill Hamburg are engaged. So are Kevin Mulvenna and Terry Brady. Longtime couple Rich Borow and Stephanie Blecher, who met on the NYCC Board in 1996, just returned from Majorca. Was it a pre-wedding honeymoon or Steve Roache's bike camp? Lou S. Pokes says, "They will get married; it's just a matter of when."

Get-well wishes are in order for Herb Dershowitz, Steve Britt and Mike Yesko:

Herb Dershowitz tore his Achilles tendon while playing volleyball (hey, Herb, maybe you should stick to cycling).

In early March, Steve Britt crashed in Central Park and "tacoed" his wheel. While Rich Borow was in Majorca, Steve borrowed one of Rich's wheels, crashed in a race and "tacoed" that wheel too. Warning to all members — just say no when Steve comes a-calling. As our mothers always told us, things happen in threes.

Mike Yesko had finished a B ride and was exiting the park when a lone cyclist riding a tandem for three crashed into him (clearly not the fault of Mike). Mike's shoulder bones did not survive the fall — so if you see Mike in a sling,

you now know why. What you don't know is the guy with the tandem stopped and offered to send Mike to the rider's own orthopedist. Lo and behold, the doctor only remembered the tandem rider as a deadbeat who owed him money. To add insult to injury, the rider hasn't returned any of Mike's phone calls.

Kudos to Lori Turoff and Al Boland for national press coverage. Lori is featured in the May issue of Marie Claire magazine in the career changes section. There is a wonderful photo of Lori with her bike and details of her metamorphosis from lawyer to successful bike tour operator. She substituted cue sheets for time sheets. Way to go, Lori.

Al Boland was spotlighted in the May issue of Bicycling magazine for — you know what — riding without a saddle. The article ended with the question a lot of us have been asking: "Isn't it time to sit down now, Al?"

On March 31, Stefani Jackenthal, as part of a story assignment about women's boxing, sparred three rounds against the U.S. national champion in her age group after training for only two weeks. "It's worse than sprinting against Carol Bostick," says Stefani. After the match, she iced her swollen nose for two days. Maybe she, too, should stick to biking, where she sure does excel.

That's all for now. Remember, all the dish that fits, we print.

NY Police Crackdown Cyclist Tickets Increase 25% In 1st Qtr. '98 Over 1st Qtr. '97 Mayor Swipes At "Advocacy Groups"

During the first quarter of 1998, city police issued 2,315 tickets with fines ranging from \$40 to \$125 to bicyclists for moving violations and equipment violations. During the first quarter of 1997, the city issued cyclists 1,861 tickets for such violations, the Police Department said. During all 1997, city police ticketed cyclists 11,197 times.

The crackdown has raised an outcry among bicyclists, from commuters who say Mayor Rudolph W. Giuliani favors motorists to delivery workers, who say Mr. Giuliani is threatening their livelihoods.

Discussing the crackdown April 6, Mr. Giuliani was largely unsympathetic to those arguments.

He said the city's goal is to put the brakes on bicyclists who ride without regard for pedestrians.

But the ticket blitz is also sweeping up commuters and recreational riders. "We have everyone on patrol in a heightened consciousness about bicycle offenses," said Wilbur L. Chapman, the Police Department's Chief of Patrol. He said officers are paying special attention to midtown and the East Side.

Tickets are now being written to enforce rules formerly long-ignored by riders and even police, for example, failure to have a bell or signalling device affixed to the bike. Many of the summonses carry heavy fines.

Police have recently set up bike stings on the Manhattan side of the Brooklyn Bridge and in Riverdale in the Bronx and are reportedly about to crack down on riders in Prospect Park and Central Park.

Caught up in the campaign have been people like Martha Rowan, a 55-year-old New York University Greek instructor, who was written up last month for stopping at a red light on the wrong side of a Carroll Gardens, Brooklyn, crosswalk.

"They said that counted as the equivalent of going through a red light," Rowan said. She said she was stunned when the cop handed her a \$125 ticket, "I said, 'I hope you enjoy your next assignment manning the pedestrian barricades in midtown.'"

The mayor brushed off criticism of his policy on April 6, saying: "If you don't violate the law, you won't get a ticket. If you do, pay the ticket instead of joining an advocacy group."

From: "Bicycle Tix Blitz Rolls In", by James Rutenberg (*Daily News*, April 6) and "Traffic Dragnet's Latest Catch", by Nichole M. Christian (*Times*, April 7).

Did You Know?

As a bicyclist, you are a vehicle, subject to the same rules as vehicles. The law says:

- Stop at red lights, before the crosswalk
- Ride in the direction of traffic
- Use hand signals to indicate turns
- Have a bell or audible signal attached to the bike.
- Have a front and rear light after sunset
- Hanging on to other vehicles is illegal
- Riding on the sidewalk is illegal
- Wearing headphones is illegal
- Helmets are required on children under 14 years of age.

Bouquets & Brickbats...

Selected Letters to the Bulletin

For Help On the Way...

To the Five Borough Bicycle Club and the New York Cycle Club:

Last Sunday I was in the final Frostbite ride of the season, "Pancakes in Bayonne." Riding along Richmond Terrace in Staten Island, I swerved to avoid a pot-hole, lost my balance and fell, not even gracefully.

Instantly, I was surrounded by a dozen participants. In seconds, not one but three first aid kits appeared. Riders looked after me and my bike. They dressed my cuts and scrapes, waited until it was clear I would not need more attention, checked my bike and helmet for damage, and then the sweep rode me halfway back to the ferry. Later that day, the ride leader called me to make sure everything was all right.

I don't fall often (it's not something that lends itself to practicing), but I hate it when I do. The care and concern shown by you riders made what would have been a disaster had I been alone into merely a nasty spill.

I will keep the memory of the good deed done by all you on the ride. You're good people and you should be proud. I look forward to riding again with 5BBC and NYCC.

Christopher J. Stephens
March 3, 1998

On Advocacy

While reading the April '98 edition of the NYCC Bulletin, I happened across an article (uncredited) encouraging the placement of CityRacks (city-funded bike racks). Bravo. Just the kind of thing the Club should be doing.

Then I read the second paragraph, which went on to say: "Although the NYCC is not an advocacy organization..." Whoa. Let's try that again.

Article I, Section I of our bylaws: "Name and Purpose" says: "The purposes of the Club are to provide bicycling activities for the enjoyment of members, and the furtherance of bicycling as a means of recreation, companionship, fitness, and transportation."

Sounds a heck of a lot like advocacy is our co-purpose with providing "bicycling activities." I don't think this wording leaves any room for doubt. We are an advocacy organization. If we fail to promote cycling and protect the rights of

cyclists, it will be hard to have any bicycling activities at all, unless one includes among activities "spinning" classes, sipping lattes and collecting bikes to hang on our walls.

It's all well and good that organizations like Transportation Alternatives and the League of American Bicyclists exist with their primary focus on advocacy.

But as a Club, we haven't even made a financial contribution to TA, as Richard Rosenthal's recent letter in Bulletin made clear. That said, isn't it time we stopped complacently planning our social events without being active allies in the fight to make cycling safer, easier and more accessible for us?

It's hard for me to imagine why we are backing away from this important role in a city that has just put its pedestrians behind barricades (so as not to inconvenience motorists) and doubled the number of traffic summonses given to cyclists.

Mark Martinez
April 9, 1998

TA and ENY Donations

Thanks to Richard Rosenthal for reminding us of the contributions Transportation Alternatives makes to the New York cycling community (Club Gifts... Feb 11, 1998). I would like to respond to the question "Why wasn't TA even considered for a club donation and what do the organizations that got donations do that made them more deserving?"

I should like to answer by highlighting the positive aspects of the proposal made by the Escape from New York Century committee, and later discussed and approved by the NYCC Board.

Overall, I am proud that we could make use of funds earned through the risk of running the event, and that we are starting to take direct measures to:

- Foster goodwill with organizations that directly impact membership cycling activities,
- Support groups that promote cycling for recreation, fitness, and transportation,
- Provide a more meaningful purpose for future ENY events.

Regarding the two donations mentioned in your letter:

- Parks Department — the donation was to the Riverside Park Fund, which has oversight of

Sakura Park (the start/end of ENY), for that park's upkeep.

- Central Park Conservancy — Their role in the operation of the park is greatly expanding. Regarding ENY, we set up a table each summer to solicit riders in a space their crews use as an access point. They have been supportive of our presence.

Regarding two donations not mentioned in your letter:

- Central Park Medical Unit: the Park's ambulance service seems an extremely worthy cause.
- North Brooklyn Recycle A Bicycle: this group "teaches inner-city youth the value of cycling and recycling, how to maintain and repair bicycles, how to ride safely in the city and how to contribute to the community." Why North Brooklyn? Their volunteers and high school students participated in last year's event. It also helped us direct some support outside of Manhattan.

By the way, RAB is directly affiliated with TA. The ENY Committee and the NYCC Board were both aware of this. TA assisted my networking with RAB, who expressed no concern over a donation being made directly to the chapter.

Finally, TA runs their century a week or two before ENY. This raised a question as to whether donating from ENY to TA would be a bit redundant.

I am glad the ENY Committee was successful in having its proposal approved by the NYCC Board. I hope it raises continued interest in giving back to the cycling community when funds are available. We also cannot lose sight of using such funds for our members, whether it be for free lunch rides, improved programs or keeping membership fees stable.

Charles Katz

April 9, 1998

Mr. Katz is treasurer of both NYCC and ENY.

Thanks

Thank you to the wonderful group of club members who sent a get-well card to my wife, who suffered a serious leg injury by falling

down some stairs (no, not on a bike). She received a card with about 30 get-well wishes and signatures, many from people she hadn't met before but who realize that the New York Cycle Club is a community of people that share a common bond. Thanks again, everyone.

Ben Goldberg

April 8, 1998

Zeno's Niño?

Dear Editor,

Two of the club rides published in the April NYCC Bulletin on page 3 appealed to my appreciation of the unusual. It seems that this year the Saturday before Sunday, April 5, fell on two dates, namely April 3 and April 4. This, no doubt, is made possible by a mixture of space/time curvature, proximity to black holes, El Niño, incoming asteroids and Zeno's Paradox.

In my flaming teenage youth, back in 1927, I fell afoul of Zeno on my trusty Hercules "English Racer"; one speed, wood rims and a squeaky side-pull rear brake. Setting out early one morning in June from Brooklyn through Staten Island en route to Philadelphia some 90 miles away, the impossibility of my endeavor began to reveal itself. Trouble was the necessity to first cover half the distance, then half the remaining distance, etc. Same with time. Since I expected to reach Philadelphia in about 10 hours, the same asymptotic squeeze occurred: first half of 10, then half of five... Of course, I never did reach the City of Brotherly Love. Just as well, in those days Philadelphia was closed on Mondays.

Please do not think me ungrateful for the extra time provided by stretching Saturday over two days. If the formula has not been lost, or eaten in an energy bar, I would like to purchase it.

The Phantom

(No fax, no e-mail, no bike.)

April 13, 1998

But first, tell us how you got to Staten Island from Brooklyn without going through Manhattan.—Ed.

And The Winners Are...

The three lucky members whose names were chosen by lot at the April meeting are:

Jessica Goldberg Bernard Retznagac Martin Smith

They will be given a one-year NYCC membership extension as part of our way of saying "thanks" for the response to the 1997 Membership Questionnaire.

A Win For Cyclists!

Richard Rosenthal

Last fall, I wrote Metro-North to complain that I had not been allowed to board a train with my bike in a bag, because I did not have a bike pass on me. I got a gracious letter from Tom Tandy, a customer service person for Metro-North, who agreed that the matter should have been handled differently, with me being permitted to board the train and buy a pass on board.

Much to my surprise, I just got a call from Mr. Tandy, who reminded me who he was and told me the railroad has just implemented a change as a result of that letter:

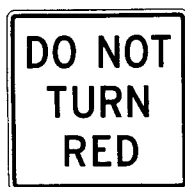
Hereafter, anyone boarding a train with a bike (during the hours a bikes are permitted on board and provided the train is not yet carrying the maximum number of bikes permitted) who does not have a pass will be permitted to buy one on board from the conductor for \$5 and the receipt for it will assure him of being able to use it for the

return trip that same day.

Furthermore, that receipt can be presented either at Window 27 in GCT or sent to Metro-North Customer Service, 345 Madison Ave., 7th Floor, NYC 10017 along with an application for a permit (that one can get at any ticket window), and that receipt will pay your lifetime permit.

Lastly, Mr. Tandy told me the LIRR and Metro-North have just agreed to accept each other's bike passes.

The willingness with which Mr. Tandy and his colleagues responded was quite terrific. In fact, he lead off by saying, with self-effacing humor, not all bureaucrats are ineffectual. I think thank-you notes to him or to his superior, Dan Scannel, Acting President, Metro-North, 347 Madison Ave., NYC 10017, would be politically smart and appropriate.



Re-Cycling

Two classifieds per member per year are free (up to 6 lines). Additional ads \$1.00 per 50-character line. Please send classified listings to the Bulletin Editor. **Mac compatible disk or e-mail is required.** Listings will run for one month unless otherwise specified.

FOR SALE:

1994 SPECIALIZED ALLEZ COMP, 43 cm — for 5'2" female. Burgundy. Great condition. Steel frame w/aluminum fork, Campy components, 8 speed, Shimano (Look) clipless pedals, Cateye cycle computer. \$450. **CALL MARGO** at (212) 579-2452 or e-mail Go4Fab@aol.com.

1994 IRONHORSE XT1800 hybrid, 17" frame, 18 speed, w/ computer, bar ends, rear rack. Comfortable touring bike for medium-small rider. \$250. **CALL CAROL** at (212) 581-0509 or waaser@aol.com.

Pair of **NASHBAR** rear panniers, waterproof, used only once. \$40/pair, originally \$55. **CALL LAURA** at (212) 665-5409 or e-mail lmatlow@nlrb.gov.

OAKLEY M-FRAME sunglasses awesome iridium heater lens, gold low-light lens, case. Flawless. Must see. Purchased for \$160.

Asking only \$60 obo! **CALL OLIVER** at (212) 734-4927 or ojgarcia@mail.med.cornell.edu.

1997 BIANCHI EROS 49 cm. Hardly used, great condition, all Campy parts \$950. **CYCLEOPS** fluid trainer never used \$200. **CALL ELLEN** at (212) 675-4360.

VITUS 979 frameset (56 cm, c-t-c) with Campy Chorus headset, Record seatpost. All silver, excellent near-new condition. \$330. Also: wheelset with **MAVIC 501** hubs, Mavic OpenCD rims, DT 14/15 spokes, very good condition, \$115. **CALL DAVE** at (718) 499-4467 or dh242@columbia.edu.

BERKSHIRES HOUSE SHARE (Hillsdale): Lovely 4-br, lr, dr, eat-in kitchen, 20 min. from Tanglewood. Seeking M/F 30's-40's half-shares, Memorial Day through Labor Day. **CALL MARYBETH** at (718) 625-6086.

PANASONIC TOURIST 5-speed, Mixte frame, fenders, near-mint paint, great commuting for riders approx. 5'5" to 5'9". Best offer over \$85. **UNIVEGA ARROWPACE**, heavily modified with triple crank, mustache handlebars, rack, more. Approx 27" standover. Best offer over \$65. **CALL PETER** (212) 427-1041.

MINUTES OF THE NEW YORK CYCLE CLUB BOARD MEETING OF TUESDAY, FEB. 3, 1998

Present: Gene Vezzani, Ben Goldberg, C.J. Obregon, Charlie Katz, Dona Kahn, Ludwig Vogel, Anne Grossman, Tom Laskey, Gary McGraime and Bernie Brandell. Absent: Joel Englander and Douglas Riccardi.

The minutes of the meeting of January 6, 1998, were approved.

In light of the vacancy in the position of A-rides coordinator, the board approved the appointment of Tom Laskey.

There was an extensive discussion of electronic ride listings. It was agreed that before listing rides that would be available only from the Web or e-mail, there would have to be a sufficient number of rides listed in the Bulletin in enough detail for the membership to learn about without further exploration. It was also agreed that electronic ride listings should not include commercial listings. Finally, it was agreed that advertisements would be considered from the club's

website if they were paid for.

Charlie advised that the contributions to the Central Park Medical Unit, the Central Park Conservancy, the NYC Parks and Recreation Riverside Park Fund and North Brooklyn Recycle-a-Bicycle, approved at the prior meeting, had been mailed.

He also discussed his explorations of the club's tax-exempt status.

The century was discussed. It was agreed that Anne would exercise oversight on behalf of the club. The date for the next century is September 26.

The annual holiday party will be held on December 15. There was also discussion of a barbecue and the Sheffield trip.

Gary discussed the survey. It was agreed that we needed not only a summary of the data but some analysis.

The selection of the new meeting place was ratified by the board.

The meeting adjourned at 8:00 pm. Respectfully submitted, Conrad J. Obregon

MINUTES OF THE NEW YORK CYCLE CLUB BOARD MEETING OF TUESDAY, MARCH 3, 1998

Present: Gene Vezzani, Ben Goldberg, Joel Englander, C.J. Obregon, Charlie Katz, Dona Kahn, Douglas Riccardi, Ludwig Vogel, Anne Grossman, Gary McGraime and Bernie Brandell. Absent: Ben Goldberg and Tom Laskey.

The minutes of the meeting of February 3, 1998, were approved.

Joel indicated that the next membership meeting would feature a presentation on how to pick a tour, and that the April meeting would relate to bicycle maintenance.

There was a discussion of whether speakers were needed at membership meetings, but the consensus was that the present format has been successful and should not be changed. It was agreed that a swap table would be set up at the next meeting.

Douglas showed the board samples of the new flier and business card. He also noted Bicycling magazine might feature the NYCC century.

The board authorized racing teams all of whose members are members of the NYCC to use the club logo on their jersey.

Dona indicated that she had revised the method of maintaining the mailing list, and that the website and the answering machine were producing results. The board concurred in her proposal to do a mailing to non-renewing members.

Anne announced that there had been an great response to the Guggenheim trip and that she was planning a dinner at Carmine's. She was also working on the Sheffield weekend.

Ludwig apologized for the delays with the Bulletin but assured the board that the April issue would be on time.

Gene discussed the development of a millennium jersey. The board agreed that sample ride listings might be placed on the website.

It was agreed that the August all-class ride would feature a barbecue.

The meeting adjourned at 8:10 pm. Respectfully submitted Conrad J. Obregon

Before your first club ride, please read this:

NYCC RIDES are led by volunteer leaders who plan the route and maintain the listed speed (eg. B15 = B Style / 15 mph cruising speed — see charts). Our rides are described by pace and style because it's more fun when the group is of similar ability. We ride for fun, fitness, and food.

RIDE STYLE indicates the type of riding. See chart at right. **CRUISING SPEED** indicates the ride's speed on flat terrain. **AVERAGE RIDING SPEED** over rolling terrain is 3 mph less than cruising speed. This will vary plus or minus 1 mph, according to terrain. **OVERALL SPEED**, including all rest and food stops, is about 3 mph less than average riding speed.

SELF-TEST: Assess your personal cruising speed by riding 4 laps (24.08 miles) around Central Park at a comfortable pace and matching your time with the chart. NOTE: Riding fewer than 4 laps will give you a false assessment. *(The northern end of the park can be dangerous; ride with other cyclists, and mind the radar-enforced speed limit.)*

YOUR FIRST NYCC RIDE: Be conservative. Choose a ride easier and shorter than you think you can ultimately handle. You won't enjoy struggling to keep up with a ride that's too fast for you, nor will the group enjoy waiting for you. It's a good idea to call the leader a day or so before the ride, and introduce yourself when signing up at the start.

BEFORE ANY RIDE: Check that your bike is in good riding condition: brakes and derailleurs working well, tires pumped to the pressure specified on the sidewall. Eat breakfast.

BRING: helmet, spare tube, tire levers, patch kit pump, water, snacks, money, medical ID, emergency phone numbers. **We also suggest:** lock, rail pass. Leaders may specify other items in their ride listings.

BIKE TRAINS: On Saturdays and Sundays, Metro-North has scheduled specific trains to/from Grand Central Station to accommodate large groups of cyclists. Bike trains are indicated by a bicycle symbol on the Metro-North timetable. Schedules change frequently. The following is the most current one available.

FROM GCT	TO/FROM	TO GCT
7:54 AM (HUDSON LINE)	POUGHKEEPSIE	4:12 PM
8:58 AM (HUDSON LINE)	POUGHKEEPSIE	5:12 PM
	POUGHKEEPSIE	6:12 PM
8:49 AM (HARLEM LINE)	BREWSTER NO.	4:08 PM
8:07 AM (NEW HAVEN LINE)	NEW HAVEN	3:57 PM

Bike passes are always required. *There are no Bike Trains on holidays. Refer to roster for restrictions* which apply at other times. If you are leading a ride and absolutely require a Bike Train at another time, you must call NYCC's Metro-North liaison, Jeff Vogel at (718)275-6978 well in advance to try to arrange another train for your ride. Bike passes are available at Window 27 at Grand Central or by calling (212)499-4398 for an application.

RIDE STYLE	DESCRIPTION
A	Vigorous riding with advanced bike handling ability including cooperative paceline skills. Stops every 2 hours or so.
B	Moderate to brisk riding with more attention to scenery. Stops every hour or so.
C	Leisurely to moderate riding, sightseeing and destination oriented. Stops every half-hour or so.
ATB 1	Hilly to mountainous and single track riding. Mountain bikes only.
ATB 2	Rolling to hilly with some single track and trail riding. Mountain and hybrid bikes.
ATB 3	Flat to rolling, trails and road riding. Mountain and hybrid bikes.

CRUISING SPEED	CENTRAL PARK SELF TEST FOUR LAP TIME
22+ MPH	1:10 OR LESS
21	1:10 TO 1:13
20	1:13 TO 1:16
19	1:16 TO 1:20
18	1:20 TO 1:25
17	1:25 TO 1:30
16	1:30 TO 1:38
15	1:38 TO 1:48
14	1:48 TO 2:00
13	2:00 TO 2:14
12	2:14 TO 2:30
11	2:30 TO 2:50



1998 RENEWAL / MEMBERSHIP APPLICATION / CHANGE OF ADDRESS

In consideration of being permitted to participate in any way in New York Cycle Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin: 1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately cease further participation in the Activity. 2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these risks and dangers may be caused by my own actions, or inactions, the action or inaction of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity. 3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE the Club, the LAB, their respective administrators, directors, agents and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, AND I FURTHER AGREE that if, despite the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

☐ New ☐ Renew ☐ Change of Address Date _____ Check Amount _____

PLEASE PRINT OR USE ADDRESS LABEL. ZIP CODE IS REQUIRED. Mail this application with a check made payable to the:

New York Cycle Club, P.O. Box 20541, Columbus Circle Station, New York, NY 10023.

NAME:	SIGNATURE:
NAME:	SIGNATURE:
ADDRESS / APT	
CITY	STATE ZIP (REQUIRED)
DAY TEL	NIGHT TEL E-MAIL

Check, if applicable: I do **not** want my ☐ Address ☐ Phone ☐ E-mail published in the NYCC semi-annual roster.

ANNUAL MEMBERSHIP: Jan. 1 - Dec. 31, 1998. Please check the appropriate ring:

☐ Individual — \$21

☐ Couple residing at the same address — \$27

Back by Popular Demand!
Jackie Storm:
Nutrition and Much More

Come to Our Meeting May 12
Hear:

How to Recover From That Long Ride and
Stay Healthy On and Off the Bike

Also:

Trade or Swap Table

Bring Your Bike Stuff You Would Like to Sell or Trade

You Are Always Welcome, But Please Help Us Estimate How Many People Are Coming:
Please Call or E-Mail Joel Englander or Anne Grossman If You Plan to Attend

ANNIE MOORE'S RESTAURANT

50 East 43rd St. (Just West of Grand Central Station)

212-986-7826

We will have our own private room, great food and ambiance.

Menu: Chicken Marsala, Shepherd's Pie, Pasta, Salad, Bread, Coffee or Tea.

Meet at 6:00 pm — Dinner at 6:30 — Program at 8:00.

Admission Between 6:00 and 8:00 pm — \$17.

(Includes dinner, tax, gratuity and the program.)

Admission after 8:00 pm (program only) — Free

Take any train or bus to Grand Central Station and walk west to 50 East 43rd St.

Sorry, no indoor bike parking.

|||||.....|||||.....|||||.....|||||.....
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Arlene Brimer
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